

Est. 1975

The Ottawa Gaels are a Gaelic Athletic Association club in Ottawa dedicated to the promotion and development of Gaelic Football and Hurling in the Canadian capital. The club was established in 1975.



***Join us in 2015 for the
40th anniversary of The
Ottawa Gaels Club!***

***Celebrating four dec-
ades of Gaelic sport in
the Ottawa community!***

Please contact us for more info!

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ottawagaelsyouth@gmail.com
613.223.3639**



**OTTAWA
GAELS**

Gaelic Football



**“Proudly offering
the fastest and
most dynamic
field sports in
Ottawa for 40
years!”**

WHAT IS GAELIC FOOTBALL?

Gaelic Football is a form of football derived from traditional Irish games. It is played between two teams of players on a rectangular grass pitch. The objective of the sport is to score points by passing the ball through the other team's goals (3 points) or a set of two upright posts separated by a crossbar 2.5 m above the ground (1 point). The ball can be advanced up the field by a combination of carrying, passing, bouncing, kicking and soloing. A point is awarded by kicking or hand passing the ball over the crossbar and through the uprights. A goal is scored by kicking the ball under the crossbar and into the net.



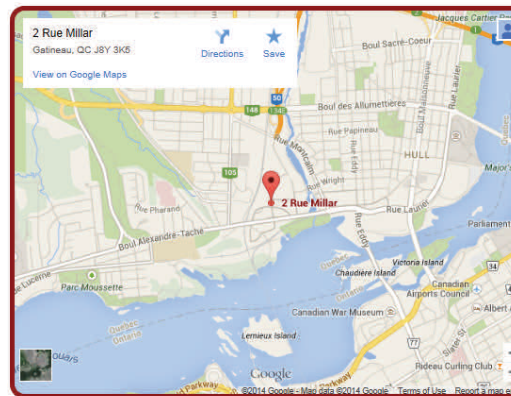
SPRING /SUMMER 2014

WHAT'S ON THIS SEASON:

- **TRAINING SESSIONS**
- **LEAGUE GAMES**
- **TOURNAMENTS**

WEEKLY TRAINING:

**PIERRE ELLIOT TRUDEAU SCHOOL
2 RUE MILLAR
GATINEAU, QC
DATES: TBD**



FUN! FITNESS! FRIENDS!



CONTACT US FOR MORE INFO!

**FIND US ON FACEBOOK UNDER
"OTTAWA GAELS GAA"
OR EMAIL US: OTTAWAGAELS@GMAIL.COM**

